

Smith Guide Service of Maine (SGSoM)

Fishing Trip Adventure Preparedness Considerations:

Basic Items for YOU and your Pals to Pack for Comfort and Safety during our time together

- ✓ Water for hike in/out and while Fishing (please Hydrate well in advance)
- ✓ Medications - Please advise Guide in advance of any *dietary, medical or health concerns/status*
- ✓ **Sunscreen** - SPF 30 or better, Collared Long Sleeve Shirt and Neck-up recommended
- ✓ Hat with brim and Sunglasses
- ✓ Zip Lock bag with Toilet Tissue (we will highly likely be miles from any facilities)
- ✓ Hand Sanitizer- small bottle
- ✓ Insect Repellant (Natural repellant preferred)
- ✓ Preferred additional Snacks - Granola Bars, Gum, and Fruit etc.

Gear Recommendations (please advise if you need Guide to provide any of these items)-

- ✓ Your preferred personal Favorited Rod: 8.5' to 10' Rod in 4, 5 or 6 Wt.
- ✓ Waders and Wader Belt (**not having a wader belt is a Safety Show Stopper!**)
- ✓ Fishing Vest or gear system
- ✓ Your preferred personal Favorite Flies (Streamers, Dry Flies & Nymphs)
- ✓ Tippet Material (3,4,5 X), Forceps, Tippet Snips
- ✓ Nymph Strike Indicators (Sm. & Med. "Thing-a-ma-bobs" in orange, yellow and white)
- ✓ Spare Leader - 9' 4X recommended
- ✓ Rubber sole wading boots (studs optional, felt not recommended due to X-contamination)
- ✓ Wading Staff - with lanyard (Whistle is not a bad idea...)
- ✓ 20+ Litre Backpack for the above items and/or-
 - Rain Jacket w/Hood
 - Neck Buff and/or thin gloves
 - Extra fleece layer (should weather forecast predict rain/cold/wind)
 - Extra food and drink
- ✓ Backup set of Dry Clothing (to be left in Truck in case you "join the swim team")

What Guide will Supply & Carry

- ✓ Transportⁱ
 - ✓ First Aid Kit
 - ✓ Additional water/drinks
 - ✓ Snacks and/or Fruit
 - ✓ Lunch (on full-day trip only), ***please advise of Nut or other allergies or Sandwich preferences***
 - ✓ Flies, Tippet material & strike indicators
 - ✓ Backup Leaders (9' & 7.5' 4X)
 - ✓ Back-up Rod & Reel
 - ✓ Net
- Please be aware that there may be significant walking to/from the river, as well as trekking up/down the river in "**thick**" conditions to reach prime and/or available fishable water
- Please advise if any of this equipment is necessary to be supplied OR contact me with any questions or concerns on 207-776-9136

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Meal Options:

(Half Day Trips = Snack and 1 beverage)

Snacks

- AM- Cereal Fruit Bar
- PB Crackers or Granola Bar
- Apple or Orange

Lunch

- Sandwich Options-
 - Ham, Turkey OR Roast Beef
 - Cheese, Lettuce and/or Tomato
 - Mayo and/or Mustard
- Pickle or Carrot Sticks
- Potato or Corn, Chips
- Cookie

Beverages

- AM/PM Water
- Alternate- substitute 1 Gator Aid

Post Fishing Cordial